

Scoring of Global risk Assessment
(Adjusted Framingham Scoring points for Risk factors)

Risk Factors	Men	Women
Age		
<34	-1	-9
35 – 39	0	-4
40 – 44	1	0
45 – 49	2	3
50 – 54	3	6
55 – 59	4	7
60 – 64	5	8
65 – 69	6	9
70 – 74	7	10
Total Cholesterol (mg / dl)		
< 160	-3	-2
169 – 199	0	0
200 – 239	1	1
240 – 279	2	2
➤ 279	3	3
Blood Pressure (mm Hg.)		
< 120	0	-3
120 – 129	0	0
130 – 139	1	1
140 – 159	2	2
➤ 160	3	3
Smoker		
No	0	0
Yes	2	2
HDL Cholesterol (mg./dl)		
< 35	2	5
35 – 44	1	2
45 – 49	0	1
50 – 59	-1	0
➤ 59	-2	-3
Plasma Glucose (mg / dl)		
< 110	0	0
110 – 126	1	2
> 126	2	4

Adding up the points :

Age____ , Cholesterol____ , Diabetes____ , HDL____ , Smoker____ , BP_____ .

Total Points_____

Absolute Risk Estimates for CAD according to Framingham Risk Points

	Absolute 10 years risk (%) of CAD	
Framingham Risk Points	Men	Women
1	2	1
2	3	2
3	4	2
4	5	2
5	6	2
6	7	2
7	9	3
8	13	3
9	16	3
10	20	4
11	25	7
12	30	8
13	35	11
14	45	13
15		15
16		18
17		20

Risk Categories

Risk Category	10 year absolute risk for Myocardial Infarction (%)
High	>20
Intermediate	10 – 20
Low	< 10